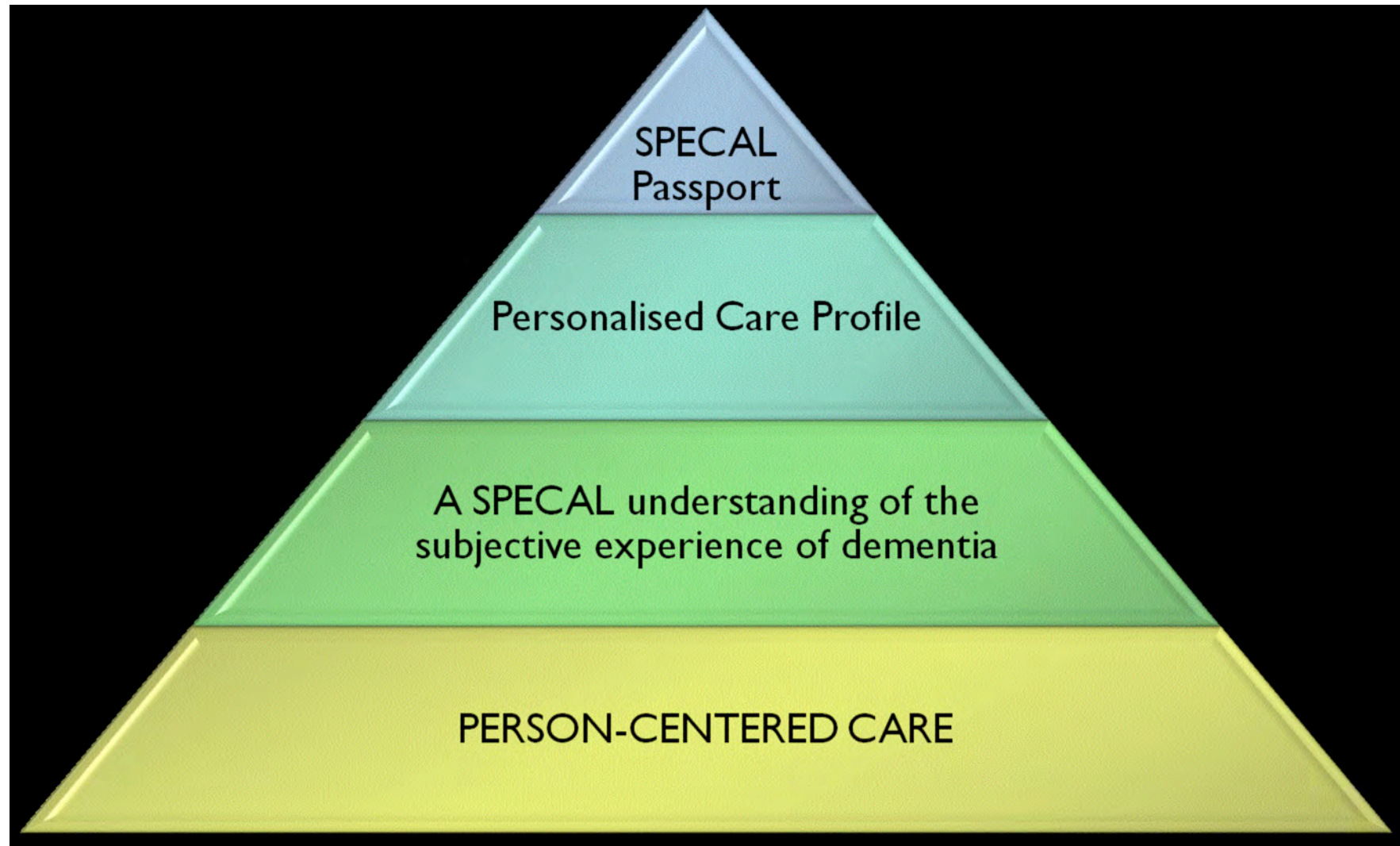


SPECAL

Contented Dementia: maintaining well-being to the end

Penny Garner
Founder and Director, SPECAL

SPECAL Method



Well-being Defined

} **P**ersonal Worth

} **A**gency

} **S**ocial ease

} **T**rust

SPECAL's understanding of dementia

The random, intermittent and increasingly frequent failure to store new factual information, although the feelings associated with the missing facts are stored.

The impact of dementia

} **P**ersonal Worth.....?

} **A**gency.....?

} **S**ocial ease.....?

} **T**rust.....?

SPECAL Care Profile

} Primary Theme

} Health Theme

} Explanations

SPECAL

making sense of dementia

SPECALCARE PASSPORT

CORE QUESTION: WHAT DO I NEED TO KNOW IN ORDER TO GET ALONGSIDE THIS PERSON WITHOUT RELYING ON THEIR RECALL OF ANY INFORMATION RELATING TO THE RECENT PAST?

WHO IS THIS PERSON?

WHAT KEY QUESTIONS AM I LIKELY TO BE ASKED BY THIS PERSON AND HOW MIGHT I ANSWER THEM?

WHAT HEALTH REASON OTHER THAN DEMENTIA IS THERE FOR THIS PERSON TO BE IN A CARE SETTING?

WHAT ARE THE KEY PROPS, CUES AND TRIGGERS WHICH ARE KNOWN TO PROMOTE WELL-BEING?

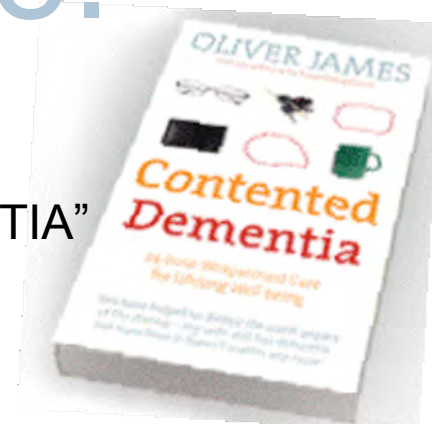
WHAT IS THE BOTTOM LINE IF THIS PERSON DOES NOT FEEL COMFORTABLE WHILE THEY ARE HERE?

SPECAL

Lifelong well-being for people with dementia

www.specal.co.uk

“CONTENTED DEMENTIA”
by Oliver James
(Random House 2008)



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