

THE DEVELOPMENT AND USE OF THE  
ASSESSMENT OF DEMENTIA  
AWARENESS AND PERSON-CENTRED  
CARE TRAINING (ADAPT) TOOL IN  
LONG-TERM CARE

Professor Claire Surr & Dr Alys Griffiths  
Leeds Beckett University



# OVERVIEW

- What is the ADAPT & why is it needed?
- Development of the ADAPT
- Pilot testing
- Use of ADAPT in a clinical trial
- Conclusions & recommendations for use

## WHAT IS THE ADAPT?

- Assessment of Dementia Awareness and Person-centred Training tool
- Assesses quality & reach of training in care homes
- Covers 3 areas: Dementia Awareness Training, Person-centred Dementia Awareness Training & Higher Level Qualifications

## WHY WAS IT NEEDED?

- Practice and policy guidelines highlight the need for improved dementia training in care home staff (All-Party Parliamentary Group on Dementia, 2009)
- Many more research projects in care homes
- No tools for measuring/auditing the content and reach of dementia training when it isn't the intervention

## DEVELOPMENT OF ADAPT

- Review of existing published research, theory, audits and curricula of DAT
- Key principles, concepts or content extracted to inform initial draft of the ADAPT tool
- Tool reviewed by panel of experts (academia, care homes, people with dementia and carers)

# PILOT TESTING

- 7 care homes in Wales, 6 care homes in Australia
- Staff member completed the ADAPT
- Provided feedback on:
  - ease of locating information
  - language within the ADAPT tool was appropriate
  - could it be more user friendly?
- Modifications to the tool following this feedback:
  - changes in language
  - increased space for notes about evidence



## USE OF ADAPT IN A CLINICAL TRIAL

- EPIC Trial – Enhancing Person-Centred Care in Care Homes
- Evaluating effectiveness & cost-effectiveness of Dementia Care Mapping to reduce agitation of people living with dementia
- ADAPT used to measure ‘usual care’ around other training staff had received during trial

## CARE HOME DEMOGRAPHICS N = 50

### Region

- West Yorkshire 21 (42%)
- Oxfordshire 14 (28%)
- South London 15 (30%)

### Size of care home

- Small (less than 40 residents) 9 (18%)
- Large (40 or more residents) 41 (82%)

### Type of care home

- Residential 24 (48%)
- Nursing 20 (40%)
- Residential & Nursing 6 (12%)

### Dementia specific

- Yes 19 (38%)
- No 31 (62%)

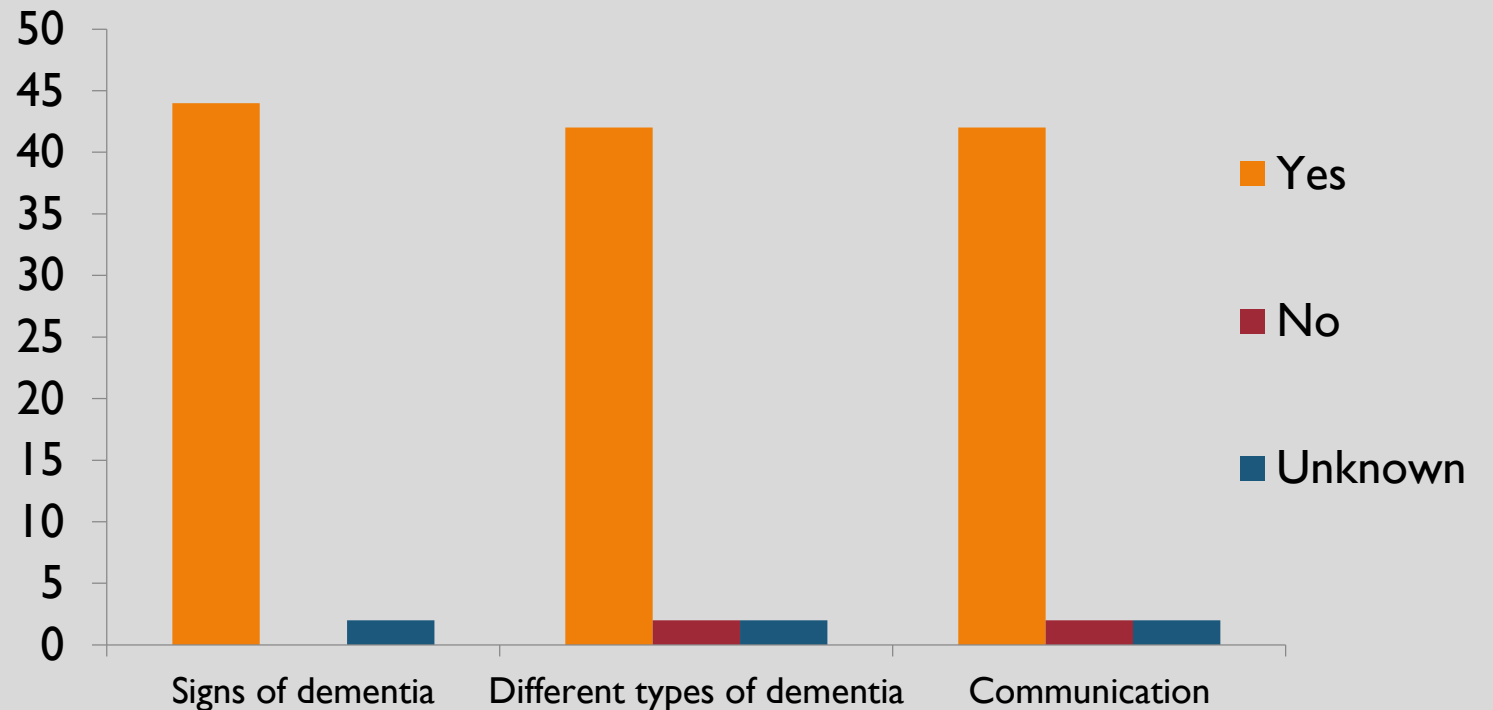


## USE OF ADAPT IN A CLINICAL TRIAL

- Completed 8 weeks prior to randomisation to the trial - to ensure all care homes had minimum training
- Minimum standard for
  - section one (DAT) and two (PCC DAT) was that all key subject areas were covered in the training
  - + at least 20% of direct care staff received training
- If minimum standard not met – offered DAT from trial team

## SECTION 1: DEMENTIA AWARENESS TRAINING RESULTS

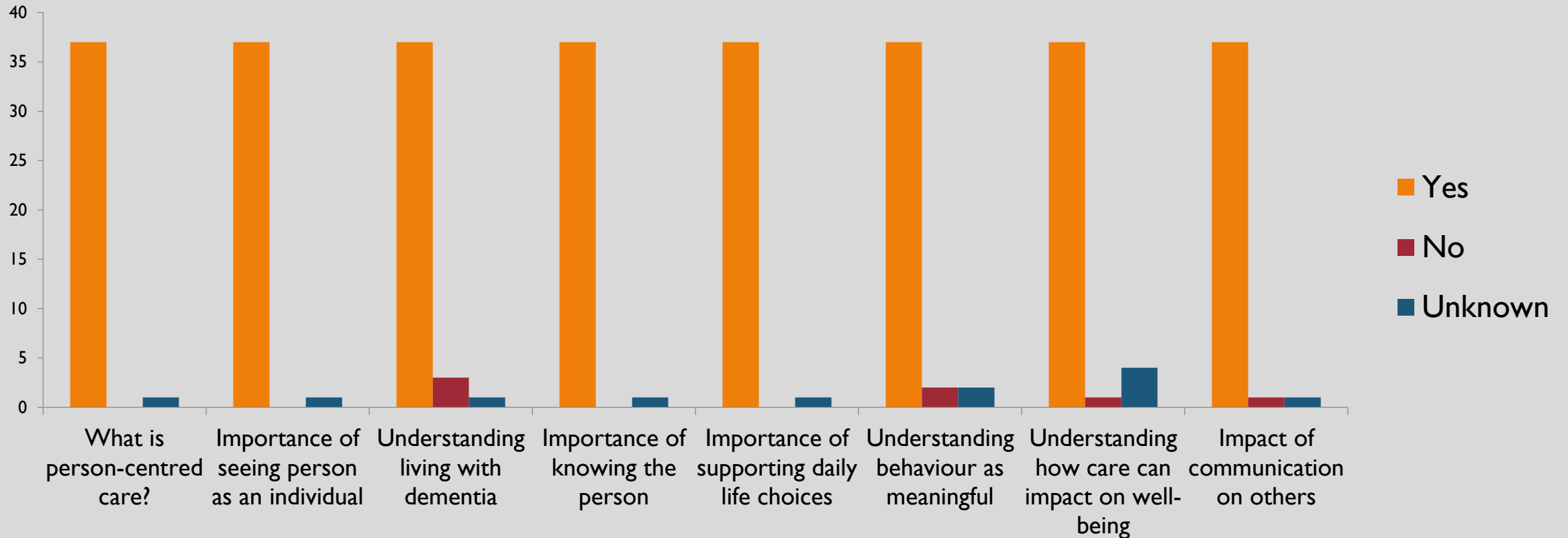
- DAT available in 48/50 care homes (96%)
- 44/50 care homes covered all areas (88%)
- 6 care homes reported 'don't know' or 'no' for some content area – judged to require DAT
- 2 homes less than 20% of staff had completed – judged to require DAT



## SECTION 2: PERSON-CENTRED CARE AWARENESS TRAINING RESULTS

- PCC DAT available in 45/50 care homes (90%)
- 37/50 care homes covered all areas (74%)
- All 8 care homes who reported 'don't know' or 'no' for any content area – judged to require DAT
- 5 care homes who did not have this training available – judged to require DAT

## SECTION 2: PERSON-CENTRED CARE AWARENESS TRAINING RESULTS



## USE OF THE ADAPT

- Identified care homes who required DAT
- Information to complete tool usually available in care homes
- Importance of % of staff completion, not just content areas covered

## CHALLENGES...

- Rely on senior member of staff having access to training records for all current members of staff
- Difficult if training records were unavailable/not recently updated.
- Staff turnover – difficult to calculate % completion

## USE GOING FORWARD

- Freely available for use!
- Suitable for use in research and may be helpful for practice
- Can be used to monitor DAT provision over time

ANY QUESTIONS?

[dementia@leedsbeckett.ac.uk](mailto:dementia@leedsbeckett.ac.uk)

@clairesurr



@alysgriffiths\_

Funding acknowledgement:

This research was funded by the NIHR Health Technology Assessment (NIHR HTA) programme (project number 11/15/13).

Department of Health disclaimer:

The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health